

Online Learning Prayer Suggestions 4

Psalm 23: *I Fear No Evil, For You Are At My Side*

INTRODUCTION

Let's begin our online learning today with God's word.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

READING

Today's word comes from Psalm 23 in the Book of Psalms (Ps 23, 1-4)

The writer of this psalm tells us that we are God's sheep; God is our shepherd and protector, and does not want us to be afraid:

A reading from Psalm 23,

The Lord is my shepherd, I shall not want.
He makes me lie down in green pastures;
He leads me beside still waters,
He restores my soul.

... Even though I walk through the darkest valley,
I fear no evil; for You are with me;
Your rod and your staff – they comfort me.

The word of the Lord, Thanks be to God.

REFLECTION

Many people believe this psalm was written by King David. David was a shepherd before God called him to be king. He never ran away when his sheep were in trouble. He even killed a lion and a bear to protect them. Out in the fields by himself, David learned to put his trust in God. He knew that God would protect him, just as he protected his sheep from wild animals.

Later, David faced many fierce enemies in battle. When he went to fight the giant Goliath, he told Goliath, "The battle is the Lord's, and He will deliver you into my hand." David's words remind us that our biggest battles belong to God. When we have done all we can to be safe and walk in God's ways, God wants us to put our trust in Him. He is our shepherd who loves us and protects us from evil.

Try repeating these lines from Psalm 23:

*The Lord is my shepherd,
I fear no evil.*

Let us be like David today. Let us put our trust in God, even if everyone else is afraid. Our biggest battles belong to God. Let us put our trust in Him.

O God, You are my protector and shepherd. I give you all my needs, using the words Jesus taught us: *Our Father, who art in heaven...*

CLOSING PRAYER

God our Father, I thank You for being my shepherd and protector. Help me to remember that You are always with me, no matter what is happening around me. When I don't have peace, help me to call on You, to lead me beside still waters and restore my soul. I make this prayer to You in the name of Jesus, the Lord. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

MUSIC LINK

Have a listen to the song, *Psalm 23*, and follow the words.

What is this song saying to you? <https://www.youtube.com/watch?v=-elQQayhpak>

VIRTUES REFLECTION

FAITH: *Peace for Our Hearts*

Today, we continue to look at the virtue of Faith. Faith in God gives peace to our hearts. We can share this peace with others through acts of kindness, or by setting a good example. When this happens, the peace of Christ fills our families and schools, just like the air we breathe. Let us walk with the peace that faith gives to our hearts and spread the peace of Christ everywhere today.

Lord Jesus, Thank You for the gift of faith, and for the peace that it gives to my heart. You are my Rock, and with You, I can do anything. Let me spread Your peace wherever I go. I make this prayer in the power of Your most holy Name. Amen.

RCCDSB Traditional Catholic Prayers Booklet Suggested Prayers

Primary: *RCCDSB Prayer to Jesus*

Jesus, my Lord, I give you my heart
To be your home forever.
Your peace and joy
Will be my strength
For all our life together.
Amen.

Junior/Int/Senior: *Morning Offering 4 (Grail Prayer)*

Lord Jesus, I give You my hands to do Your work;
I give You my feet to go Your way;
I give You my eyes to see as You do;

I give You my tongue to speak Your words;
I give You my mind, Lord, that You may think in me;
I give You my spirit that You may pray in me.
Above all, Lord, I give You my heart,
That You may love in me Your Father and all
humankind;
I give You my whole self that You may grow
in me,
So that it is You, Lord Jesus,
Who live and work and pray in me.
Amen

