

Online Learning Prayer Suggestions 3

Psalm 27: *The Lord is my Light. Whom Shall I Fear?*

INTRODUCTION

Let's begin our online learning today with God's word.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

READING

Today's word comes from Psalm 27 in the Book of Psalms (Ps 27, 1-3)

The writer of this psalm tells us that God is all-mighty. When we ask God to protect us, we have nothing to be afraid of:

A reading from Psalm 27,

The Lord is my light and my salvation;
whom shall I fear?

The Lord is the stronghold of my life;
of whom shall I be afraid?

When evildoers assail me ...
they shall stumble and fall.

Though an army encamp against me,
my heart shall not fear;

though war rise up against me,
yet I will be confident.

The word of the Lord,
Thanks be to God.

REFLECTION

Many people believe this psalm was written by King David. David and his small group of soldiers won many battles. David always gave God the credit. God was his light; God was his Saviour; God was his stronghold; God defended him. Even when huge armies came against him, David had complete confidence in God. There was no room in his heart for fear.

Repeat these words from Psalm 27 out loud:

The Lord is my light and my salvation; whom shall I fear?

The Lord is the stronghold of my life; of whom shall I be afraid?

I will choose to be like David today. I will put my trust in God's goodness. I will choose to live today as God's child, with confidence in Him. There is no room in my heart for fear.

O God, I know you hear me when I pray, and so I pray to You with confidence, using the words that Jesus taught us: *Our Father, who art in heaven...*

CLOSING PRAYER

God our Father, You defended David against his enemies because he trusted You. I give You my life today. Defend me as Your child. Fill my heart with Your courage and peace. Make my trust

in Your goodness grow every day, no matter what anyone else says. For You are my Light and my Salvation. I make this prayer to You in the name of Jesus, Your Son. Amen.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

MUSIC LINK

Have a listen to the song, *Mighty to Save*, and follow the words.

What is this song saying to you?

<https://www.youtube.com/watch?v=GEAcs2B-kNc>

VIRTUES REFLECTION

FAITH: *Peace for Our Hearts*

Today, we continue to look at the virtue of Faith. Faith in God gives peace to our hearts. We can share this peace with others through acts of kindness, or by setting a good example. In this way, God's peace moves from our hearts and begins to fill our families and homes. Let us walk in kindness and love with faith and the peace of Christ today.

Lord Jesus, Thank You for the gift of faith, and for the peace that it gives to my heart. You are my Rock, and with You, I can do anything. Let me spread Your peace wherever I am and wherever I go. I make this prayer in the power of Your most holy Name.

RCCDSB Traditional Catholic Prayers Booklet Suggested Prayers

Primary: *RCCDSB Prayer to Jesus*

Jesus, my Lord, I give you my heart
To be your home forever.
Your peace and joy
Will be my strength
For all our life together.
Amen.

I give You my tongue to speak Your words;
I give You my mind, Lord, that You may
think in me;

I give You my spirit that You may pray in
me.

Above all, Lord, I give You my heart,
That You may love in me Your Father and all
humankind;

I give You my whole self that You may grow
in me,

So that it is You, Lord Jesus,
Who live and work and pray in me.
Amen

Junior/Int/Senior: *Morning Offering 4*
(Grail Prayer)

Lord Jesus, I give You my hands to do Your
work;
I give You my feet to go Your way;
I give You my eyes to see as You do;