

## Online Learning Prayer Suggestions 2

### Matthew 14, 22-33 Walking with Jesus on the Waves

#### INTRODUCTION

Let's begin our online learning today with God's word.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### READING

Today's word comes from the Gospel of St. Matthew (Mt 14:22-33)

After feeding more than 5000 people, Jesus told His disciples to take their boat and row to the other side of the lake:

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

The word of the Lord,

Thanks be to God.

#### REFLECTION

This story from St. Matthew's Gospel reminds us that no matter how stormy life gets, Jesus is with us. He is our Prince of Peace. We can walk with Him in faith on the waves, or we can choose to live in fear. Jesus is calling us to step out in faith and walk with Him. He holds out His hand and says, "Walk with Me, and I will give you My peace. Do not be afraid."

Close your eyes and picture yourself in a boat with heavy waves all around. Jesus comes forward on the water smiling and holds out His hand saying, "Come, walk with me. Don't be afraid." (15 second pause)

Holding onto Jesus' hand, let us give all our worries today to God, our good and faithful Father, using the words Jesus taught us:

*Our Father, who art in heaven...*

### **CLOSING PRAYER**

Lord Jesus, I give this day to You. I will hold onto Your hand as You walk beside me, my Prince of Peace. Watch over my family and my home. For with You, I have nothing to fear.

Jesus, I trust in You. Amen

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **Virtues Reflection:**

#### **FAITH: *Believing and Trusting God***

Today, we continue to look at the virtue of Faith. Faith is about believing and trusting God. In faith, we believe God's promises; we trust that God loves us, His children, no matter what happens. Let us walk by faith today. We believe that God hears our prayers, and longs to fill our hearts with His peace and joy. Let us live today by faith and share God's peace and joy with one another – in kindness, friendship, and love.

Lord Jesus, I thank You for the gift of faith. I give You my heart to be Your home as I go through this day. I believe in Your promises, and I trust that You will be there for me always. I make this prayer in Your most holy Name. Amen

### **RCCDSB Traditional Prayers Booklet Suggested Prayers**

#### **Primary: *RCCDSB Prayer to Jesus***

Jesus, my Lord, I give you my heart  
To be your home forever.

Your peace and joy

Will be my strength

For all our life together.

Amen.

I give You my tongue to speak Your words;

I give You my mind, Lord, that You may  
think in me;

I give You my spirit that You may pray in  
me.

Above all, Lord, I give You my heart,

That You may love in me Your Father and all  
humankind;

I give You my whole self that You may grow  
in me,

So that it is You, Lord Jesus,

Who live and work and pray in me.

Amen

#### **Junior/Int/Senior: *Morning Offering 4* *(Grail Prayer)***

Lord Jesus, I give You my hands to do Your  
work;

I give You my feet to go Your way;

I give You my eyes to see as You do;