



## **Morning Announcements for Monthly Virtues: Cardinal Virtue of *Prudence***

### **PRUDENCE Week 1**

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**Day 2: Prudence and Good Choices**

**Day 3: Prudence and Listening**

**Day 4: Prudence and Responsibility**

**Day 5: Prudence and Vocation**

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**Day 3: Prudence and Planning**

**Day 4: Prudence and Research**

**Day 5: Prudence and Peace**

### **PRUDENCE Week 4**

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**Day 5: Prudence and**



## **PRUDENCE Week 1**

### **Day 1: Prudence and Good Judgement**

Today we will begin reflecting on the virtue of Prudence. Prudence is a virtue that grows in us the more we practice it. Prudence is about using good judgement, and using it wisely. Good judgement is something we learn from our elders – in our homes, in our school, in our parish and community.

Lord Jesus, I thank You for the wise words of Your Gospel, and the wise teaching of Your Church. Thank you for the wise people you put in my life to teach me about prudence and good judgement. Help me to use good judgement today – to stop and think before I act, to choose Your way – in kindness, self-control and peace.

I make this prayer in Your most holy Name. Amen.

### **Day 2: Prudence and Good Choices**

Today, we continue to reflect on the virtue of Prudence. The theme for today is Prudence and Good Choices. We practice prudence by making good choices. Sometimes, we know what we need to do to make a good choice. Sometimes, we need to ask someone what we should do. The important thing is that we stop and think about what we should do as a follower of Jesus, and then do it.

Lord Jesus, help me to walk today with prudence by making good choices today . Open my heart and mind to remember what I need to do, and to do it with joy.

I make this prayer in Your most holy Name. Amen.

### **Day 3: Prudence and Listening**

Today, we continue to reflect on the virtue of prudence. The theme for today is Prudence and Listening. If we want to grow in prudence, we need to listen to the people who guide us to make good decisions. Listening helps us know what is the right thing to do as we grow. A wise and prudent person listens.



Lord Jesus, make my heart a listening heart. Help me to listen to those you have put in my life to show me the right way to live and grow. With your help, I will become a prudent person who can listen to what is good and true, and to do what is right each day. I make this prayer in Your most holy Name. Amen.

#### **Day 4: Prudence and Responsibility**

Today, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Responsibility*. A prudent person wants to do what is right; this is what it means to be responsible. Most of the time, we know what is right. Sometimes, we need to ask for help, with a question like: “What should I do now?” Let us walk with prudence today, with responsible actions, and asking for help when we need it.

Lord Jesus, give me Your strength to act responsibly today, and to ask for help when I need it. Guide me with Your Holy Spirit to grow as Your prudent disciple. I make this prayer in Your most holy Name. Amen.

#### **Day 5: Prudence and Vocation**

Today, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Vocation*. God called each of us before we were born to do something special in this world – this is called a *vocation*. The good things we learn, and the good behaviours we practice – these things help us live our vocation, to become the person God created us to be. Let us walk in prudence today by learning, studying and growing today for that wonderful plan – our vocation – that God has for our lives.

Lord Jesus, thank you for my vocation. I believe you have a special plan for me in this life. Help me to walk in prudence today with readiness to learn and live as your disciple. I make this prayer in Your most holy Name. Amen.



## **PRUDENCE Week 2**

### **Day 1: Prudence and Prayer**

Today, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Prayer*. Prudence is about having good judgement and making wise decisions. Sometimes, we don't know what to do and we need to ask for help. Let us remember that God is with us when we need to make wise decisions. His help is only a prayer away.

Lord Jesus, thank you for walking with me each day. Help me today to make wise decisions, with Your peace and joy in my heart. Send me the people and give me the information I need to walk as Your disciple. I make this prayer in Your most holy Name. Amen.

### **Day 2: Prudence and Study**

Today, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Study*. A prudent person knows that God has a plan for their life. She or he knows that the things they learn in school will help them make good and wise decisions. When we study, we were being prudent followers of Jesus.

Lord Jesus, I thank you for the gift of learning. For all those people who help me learn each day. Thank you for the gift of my school and classroom. Help me to practice prudence by studying each day to grow in wisdom and knowledge in your plan for my life. I make this prayer in Your most holy Name. Amen.

### **Day 3: Prudence and Stopping to Think**

Today, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Stopping to Think*. A prudent person stops to think if they are not sure about doing something. "Is this the right thing to do?" "Do I need somebody's help to make a good decision?" Let us walk today with prudence, and stop to think when we're not sure what to do. There are always good people around to help us make wise



choices.

Lord Jesus, I thank You for giving me the ability to stop and think about my choices. When I am not sure, send me the help I need so that I can live as your prudent and joyful disciple each day. I make this prayer in Your most holy Name. Amen.

**Day 4: Prudence and Humility**

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and Humility*. A prudent person practices humility. They know what they know, but they also know they don't have all the answers. They are not afraid to ask for good advice. With good advice, they can make good decisions with confidence and joy. Let us practice prudence today with humility by asking for good advice.

Lord Jesus, help me to practice prudence with humility. I thank You for the gift of all that I am and all that I know. Help me to seek out good advice when I know I need it. I make this prayer in Your most holy Name. Amen.

**Day 5: Prudence and First Things First**

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and First Things First*. A prudent person knows it is important to get things done. They study when they are supposed to, they pick up after themselves and put things away when they're finished. By doing first things first, they don't let little things pile up. This way, they are ready for bigger things when it is time to do them.

Lord Jesus, help me to walk as a prudent person by doing the small things I need to do, and not letting them pile up. Help me to be ready for the bigger things you call me to do each day. I make this prayer in Your most holy Name. Amen.



## **PRUDENCE Week 3**

### **Day 1: Prudence and Stewardship**

This week, we continue to reflect on the virtue of Prudence. The theme for today is, *Prudence and Stewardship*. A prudent person takes care of and uses their gifts wisely. Taking care of our gifts is another word for “stewardship.” We take care of our minds, our bodies, our hearts and souls by learning new skills, studying, resting, with friendship, play and prayer. We take care of the environment so that other people can enjoy it, even after we are gone. Let us walk in prudence today as good stewards of the gifts God has given us – to be ready to use them wisely and in love.

Lord Jesus, I thank You for all the gifts you’ve given me. You gave me a new life in Baptism, a mind, a heart, a body and the earth for my home: to take care of and use wisely – to glorify Your Father. Help me walk in prudence as a good steward of all the gifts You pour out on my life. I make this prayer in Your most holy Name. Amen.

### **Day 2: Prudence and Permission**

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and Permission*. A prudent person wants to do the right thing, and is not afraid to ask for permission. Sometimes we don’t get permission to do things because they would not be good for us or for others. We usually get permission to do things that are good for us, at the right time. Let us walk in prudence today. Let us ask for permission when we are in doubt, and trust the wise judgement of persons looking after us.

Lord Jesus, let me never be afraid to ask permission when there is something I’m not sure about doing. Help me to be joyful when the answer is yes, and humble when the answer is no. I trust that You will lead me and guide me to become everything I can be, through the wise guidance of others.

I make this prayer in Your most holy Name. Amen.



### Day 3: Prudence and Planning

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and Planning*. A prudent person has goals, and makes plans to reach those goals. What are some of your goals? – To do well on a test? – To get a good job? – To improve your skills in sports? – To have good friends? – To be a better person? To be a saint? A prudent person knows that these things don't happen by themselves. We need to work at a plan – a little bit each day – to make them happen. What are your goals and plans today? What do you think God's plans are for your life?

Lord Jesus, I thank You for the ability to dream and set and goals for my life. Help me to make wise plans and good choices, to become everything I can be as Your disciple on the road to everlasting happiness with You. I make this prayer in Your most holy Name. Amen.

### Day 4: Prudence and Research

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and Research*. Prudence is about good judgement and wise actions. Sometimes, we don't know enough to make a good judgement, and we need to look for answers. Looking for answers is what research is all about. We can research answers on websites that are safe and have a good reputation. We can research in library books and magazines; we can research by asking wise people questions.

Lord Jesus, I thank You for the gift of my mind, and the freedom to research answers to difficult questions. Help me to research these answers by reading, watching and asking good questions. With Your help, I will find the answers to my questions along the way to eternal life with You. I make this prayer in Your most holy Name. Amen.

### Day 5: Prudence and Peace

Today, we continue to look at the virtue of Prudence. Our theme today is, *Prudence and Peace*. A person who practices prudence strives to do the right thing. Doing what is right brings peace to our hearts, to our schools and homes. Sometimes, this means that



we stop and ask ourselves, “What would Jesus do?” Sometimes, we need to ask someone to help us understand what is best.

Lord Jesus, help me to walk with Your peace in my heart, by doing what you would have me do each day. Send me Your Holy Spirit to guide me, and wise people to show me how to act as Your follower. I trust You, Lord Jesus. Make me a person of peace. I make this prayer in Your most holy Name. Amen.





## LOVE Week 4

### Day 1: Prudence and Doing the Right Thing

This week, we continue to reflect on the virtue of Love. The theme for today is, *Love and Inclusion*. The gift of love makes it possible for us to love as God loves. God loves with mercy and fairness to everyone. We are called to show this same mercy and fairness to all. This is what we mean by *love and inclusion*. Is there someone who I need to treat more fairly in my classroom or in my family? Can I say “hi” to someone I don’t usually talk to today? Can I include someone who feels like an outsider into my games or groups? Can I say “no” to gossip and remind others that it’s not fair to the person being talked about?

Lord Jesus, I thank You for the gift of Love. I know that You gave up your life on the cross with a love that includes everyone. Help me to walk with small acts of love for everyone, as You would have me do. I make this prayer in Your most holy Name. Amen.

### Day 2: Prudence and Practicing Skills

Today, we continue to look at the virtue of Love. Our theme today is, *Love and Gratitude*. We give God praise and thanksgiving for His love that fills our hearts and overflows. This is gratitude – our “thank you” to God. When you’re having a bad day, try to remember that God is with you; ask Him to help you walk in gratitude for the blessings that He has given and *will* bring into your life.

Lord Jesus, I thank You for the gift of Love. Even when I don’t feel it, I believe that Your love for me is great and overflowing. I open my heart to receive this love today. I give you my praise and thanksgiving for the blessings you continue to pour into my life. Jesus, I trust you. Help me walk today in gratitude. I make this prayer in Your most holy Name. Amen.

### **Day 3: Prudence and Preparation/Getting Ready**

Today, we continue to look at the virtue of Love. Our theme today is, *Love and Forgiveness*. God loves us with a love that is always ready to forgive. Our hearts have been filled with this same love. Forgiveness sets our hearts free and re-builds bridges of friendship that have fallen down. Sometimes forgiveness is difficult when we have been hurt deeply. We can give God our desire to forgive, and God will help us with what needs to be done. Sometimes when we forgive, must keep our distance, to allow the other person to have a change of heart. For God, all things are possible.

Lord Jesus, I thank You for Your love that is always ready to forgive. So many times, I fall, and You are always ready with Your hand to help me up again. Help me to walk in your freedom by forgiving others as you have forgiven me. I make this prayer in Your most holy Name. Amen.

### **Day 4: Prudence and Consequences**

Today, we continue to look at the virtue of Love. Our theme today is, *Love and Reverence*. The gift of love fills us with a holy respect for all the things of God. This is called *reverence*. With reverence, we talk quietly in church; we genuflect before the Blessed Sacrament; we treat one another with kindness and respect. We show reverence for our neighbour, made in God's image, when we help the poor, defend the elderly and the unborn. With reverence for our teachers, elders, prayer times and sacred ceremonies, we listen and show respect.

Lord Jesus, I thank You for the gift of love. Help me to walk in love, with reverence for all that is good and holy in my home, church and school – especially for the people I will meet today. I make this prayer in Your most holy Name. Amen.

### **Day 5: Prudence and Joy**

Today, we continue to look at the virtue of Love. Our theme today is, *Love and Godliness*. The Apostle John tells us that God is Love, and everyone who lives in love



lives in God. St. Paul tells us that love is patient and kind. He also says that God will be with us whenever we think about “whatever is true, ... noble, ... right, ... pure, ... lovely, ...admirable, ...excellent or praiseworthy.” Whenever we practice patience, kindness and fill our mind and hearts with good things – we are walking with love in Godliness.

Lord Jesus, I thank You for the gift of Love. Help me to live a Godly life. Help me to fill my mind and heart with good things; help me to be patient, to show others kindness and to speak truthfully. May everything I do be a sign of your loving Presence at work in my life. I make this prayer in the power of Your most holy Name. Amen.