

## **Lectio Divina**

**Call on the Holy Spirit** - to help you receive God's word

- 1. Listen** - for words/phrases that speak to your heart
  - 2. Welcome** - the key words/phrases that speak to you
  - 3. Follow** - the movement of your heart as these words/phrases are repeated
  - 4. Rest & Resolve** - in Christ's ministering Presence, strive to follow Jesus more fully
- Give thanks** - for what you have received.



## **Prayer Before Lectio Divina**

Come Holy Spirit,  
Open my heart and mind  
To Your inspired word,  
That it might shape and direct my life  
According to the Gospel of Jesus, the Lord.  
I make this prayer to You  
In His name.  
Amen