Lectio Divina

Call on the Holy Spirit - to help you receive God’s word
1. Listen - for words/phrases that speak to your heart
2. Welcome - the key words/phrases that speak to you
3. Follow - the movement of your heart as these words/phrases are repeated
4. Rest & Resolve - in Christ’s ministering Presence, strive to follow Jesus more fully

Give thanks - for what you have received.

Prayer Before Lectio Divina

Come Holy Spirit,
Open my heart and mind
To Your inspired word,
That it might shape and direct my life
According to the Gospel of Jesus, the Lord.
I make this prayer to You
In His name.
Amen