

Lectio Divina

Call on the Holy Spirit

- to help you receive God's word

1. Listen

- for words/phrases that speak to your heart

2. Welcome

- the key words/phrases that speak to you

3. Follow

- the movement of your heart as these words/phrases
are repeated

4. Rest & Resolve

- in Christ's ministering Presence; strive to follow Jesus
more fully

Give Thanks

- for what you have received.