



Morning Announcements for Monthly Virtues: Theological Virtue of *Hope*

HOPE Week 1

Day 1: Baptism and Hope

Day 2: Hope and Joy

Day 3: Hope and Trust in the Risen Jesus

Day 4: Hope and Prayer

Day 5: Hope and Purpose

HOPE Week 2

Day 1: Hope and Kindness

Day 2: Hope and Faithfulness

Day 3: Hope and Love

Day 4: Hope and Reconciliation

Day 5: Hope and Inclusion

HOPE Week 3

Day 1: Hope and Good Example

Day 2: Hope and Making Plans

Day 3: Hope and Making Peace

Day 4: Hope and Cooperation

Day 5: Hope and Commitment

HOPE Week 4

Day 1: Hope and Holiness

Day 2: Hope and Courage

Day 3: Hope and Resolve

Day 4: Hope and the Kingdom of God

Day 5: Hope and Jesus



HOPE Week 1

Day 1: Baptism and Hope

Today we will begin reflecting on the virtue of Christian Hope. Our theme today is, *Baptism and Hope*. Hope is God's gift to us at Baptism. At Baptism, we become one with Jesus, and share in the hope of His Resurrection. We practice the virtue of hope in our prayer, in our work for justice, in our help for the poor; in our learning, playing together and looking after one another out of love for Jesus and His Gospel. Our hope-filled prayers and actions help one another walk as followers of Jesus on our way to our eternal home with Him in heaven. And so, let us pray for one another; let us encourage one another; and let us help one another today. In this way, we will show our hope in a God who loves us and makes us sharers in His promised gift of eternal life.

Lord Jesus. I thank You for the gift of hope. Help me walk in hope with You today – with positive words and choices that help others walk as Your followers, as we journey together in Your promise of eternal life.

I make this prayer in Your most holy Name. Amen.

Day 2: Hope and Joy

Today, we continue to look at the virtue of Hope. Our theme today is, *Hope and Joy*. Our hope in the Risen Jesus gives us a deep joy that nothing can take from our hearts. Jesus is alive, He is with us, and He loves us. Let us walk today in joyful hope with the Risen Jesus – in our friendship, our laughter, our singing and our play.

Risen Jesus, I thank You for the gift of hope and the joy that it brings me. Let Your joyful hope shine in all that I do today, as a sign that You are alive and with us on this road we walk to eternal life in You.

I make this prayer in Your most holy Name. Amen.



Day 3: Hope and Trust in the Risen Jesus

Today, we continue to look at the virtue of Hope. Our theme today is, *Hope and Trust in the Risen Jesus*. Hope tells us that no matter what happens, the Risen Jesus is with us always. We can make positive choices; we can seek to do what is right, and Jesus will give us His strength to live as His followers.

Lord Jesus, I thank You for the gift of hope. I trust trust You, and I know that You are with me, helping me all along the way. Even when I make mistakes and fall, I know that You are still there, to give me strength to continue walking in Your peace and joy. I make this prayer in Your most holy Name. Amen

Day 4: Hope and Prayer

Today, we continue to reflect on the virtue of hope. Our theme today is, *Hope and Prayer*. Hope gives us a reason to pray. Hope reminds us that God's goodness is stronger than death and suffering. And so, in hope we praise God for His goodness; we pray to God for our needs and for the needs of others.

Lord Jesus, I thank You for the gift of hope that comes from Your Resurrection. I praise and thank You for all that You have given me; I place in Your hands all my needs, for I know that You are a good and loving Saviour, and You hear all my prayers. I make this prayer in Your most holy Name. Amen.

Day 5. Hope and Purpose

Today, we continue to look at the virtue of hope. Our theme today is, *Hope and Purpose*. Hope gives us purpose. It tells us that Jesus died and rose so that we could each have a place in His Father's great plan. Hope reminds us that no matter what anyone says, our life is important in God's eyes.

Lord Jesus, I thank You for dying and rising for me. You are my hope, and in You, my life is important, because You give it meaning and purpose. Help me to see everyone as the important person they are in Your eyes. I make this prayer in Your most holy Name. Amen.



Hope Week 2

Day 1: Hope and Kindness

This week, we continue to reflect on the gift of hope. Our theme today is, *Hope and Kindness*. Hope gives us a reason to practice kindness. Hope tells us that we were made for heaven. And heaven starts with the kind words and actions we do for one another here each day. Each act of kindness helps pave our path to eternal life. Our kindness also shows others that the eternal life we hope for is real, and a free gift that Jesus gives to all who ask it of Him.

Lord Jesus, I thank You for the gift of hope, and its promise of eternal life in heaven with You. Help me to choose kindness each day: to be a living sign of Your hope, and to encourage others to say “yes” to Your gift of eternal life.

I make this prayer in Your most holy Name. Amen.

Day 2: Hope and Faithfulness

Today, we continue to reflect on the virtue of hope. Our theme today is, *Hope and Faithfulness*. Hope makes us sharers in God’s faithfulness. Jesus was faithful to His Father, all the way to the cross. The Father was faithful to Jesus, and sent the Holy Spirit to raise Jesus from the dead. Let us be faithful to the Gospel of Jesus. Let us choose to do what is good, what is kind, and what is right today. No matter what people say, no matter what obstacles we encounter, our God is faithful and with us each day.

Lord Jesus, I thank you for the gift of hope. Help me to be faithful to You with the people You put in my path today, just as You, the Father and the Holy Spirit are faithful to me.

I make this prayer in Your most holy Name. Amen.

Day 3: Hope and Love

Today, we reflect on the virtue of hope and love. Our theme today is, *Hope and Love*. The love of the Father raised Jesus from the dead. We who belong to Jesus have this same love with us each day; this love will raise us to new life after we die. This is the



source of our hope. Let us show our hope by walking in love for one another, knowing that God has loved us first and continues to love us forever.

Lord Jesus, I thank you for the gift of hope, and for the Father's love that is with me wherever I go. Help me to live in hope today with loving choices and to trust in Your Father's loving plan for my eternal life.

I make this prayer in Your most holy Name. Amen.

Day 4: Hope and Reconciliation

Today, we continue to look at the virtue of Hope. Our theme today is, *Hope and Reconciliation*. Our hope comes from Jesus, who died and rose to forgive our sins and restore us to the Father. Hope is our doorway to forgiveness and reconciliation. Let us walk in hope today by letting-go of our resentments and building bridges with the words, "I forgive you."

Lord Jesus, I thank You for the gift of hope and Your forgiveness of my sins. Send Your Holy Spirit upon us today so that we might reconcile with one another, just as You reconciled us to the Father through the blood of Your cross.

I make this prayer in Your most holy Name. Amen.

Day 5: Hope and Inclusion

Today, we continue to look at the virtue of Hope. Our theme today is, *Hope and Inclusion*. All who believe in Jesus are included to share in His gift of hope and promise of eternal life. In Jesus, we belong to one another – members of His body, united in the gift of the Spirit, the pledge of our eternal hope. Let us show our hope by treating one another as brothers and sisters who God has included in His plan for eternal life.

Lord Jesus, I thank You for the gift of hope. Help me to follow Your call to love everyone, not just those who make me look good or give me something in return. I make this prayer in Your most holy Name. Amen.



HOPE Week 3

Day 1: Hope and Good Example

This week, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Good Example*. We can practice the virtue of hope by setting a good example for others. Our good example tells others that what we say and do is important in God's plan for us. God wants us to be happy; He wants us to get along; He wants us to have peace and joy today, and forever with Him in heaven. Our good example helps others live in the hope of God's plan for their life.

Lord Jesus, I thank You for the gift of hope. Help me to be a good example of hope by choosing to act and speak as Your follower.

I make this prayer in Your most holy Name. Amen.

Day 2: Hope and Making Plans

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Making Plans*. Hope inspires us to make positive plans for our day – because the good things we do today will be rewarded in this life and in the next. We can plan to help out at home, to get to school on time, to listen in class, to treat others with kindness. We can plan to grow: in our talents, in our learning, in our prayer, in faith and in love. Hope makes plans for doing good things – today, tomorrow and beyond. God is with us, leading us to a future filled with hope!

Lord Jesus, I thank You for the gift of hope. I thank You for calling me to a life of hope today and into the future. Help me to trust that You are with me always, and to make hope-filled plans each day. I make this prayer in Your most holy Name. Amen.

Day 3: Hope and Making Peace

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and*



Making Peace. The gift of hope is a seed for God’s Kingdom planted in our hearts. This seed grows and blooms when we make peace. Each time we make peace with our neighbour – with good choices, with forgiveness, by saying “no” to fighting, the hope of God’s kingdom grows: in our hearts, in our schools, in our family and in our world.

Lord Jesus, I thank You for the gift of hope. Help be to practice hope by being the peacemaker You call me to be today.

I make this prayer in Your most holy Name. Amen.

Day 4: Hope and Cooperation

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Cooperation*. We practice hope by cooperating with others to build something good in our homes, schools and communities. This is an important way that the hope of God’s Kingdom grows in our hearts and in our world.

Lord Jesus, I thank you for the gift of Hope. Help me to understand that great happiness will come when I cooperate with others to build something good and beautiful for love of You.

I make this prayer in Your most holy Name. Amen.

Day 5: Hope and Commitment

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Commitment*. Jesus’ gift of hope is alive in our hearts, and it always wants to grow. We see hope at work each time a person says “yes” to doing what is good, loving and holy. Let us strive today to commit ourselves to a living hope – with good, loving and holy choices.

Lord Jesus, I thank You for the gift of Hope. Send me the strength of Your Holy Spirit to choose what is good, loving and holy today.

I make this prayer in Your most holy Name. Amen.



HOPE Week 4

Day 1: Hope and Holiness

This week, we continue our reflections on the virtue of Hope. Our theme today is, *Hope and Holiness*. Jesus gives us hope with His gift of holiness at Baptism. His holiness is with us every day, and leads us to the holiness of heaven. Let us walk in hope today, and welcome the holiness of Jesus into our hearts. And let us share this holiness with our good choices, with our respect for one another, with our love, and with our prayer. This hope and holiness of Jesus will lead us to a life with Him forever in heaven.

Lord Jesus, I thank You for the gift of Hope. Thank You for sharing with me the gift of Your holiness. May your holiness grow in me each day, through my prayer, actions and words that show I am a follower of You.

I make this prayer in Your most holy Name. Amen.

Day 2: Hope and Courage

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Courage*. Hope tells us that God's love is stronger than sin and death. This is the reason for the great courage of our saints. God's love raised Jesus from the dead, and will raise us to eternal life. This is our hope – the hope that gives us courage to do what is right before God, no matter what anyone thinks.

Lord Jesus, I thank You for the gift of Hope. Help me to walk in courage with You today, and do what is good and right for love of You.

I make this prayer in Your most holy Name. Amen.

Day 3: Hope and Resolve

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Resolve*. Hope gives us the reason to say, "I have decided that I will do this," this is called *resolve*. In hope, we resolve to follow Jesus all the way to eternal life – with good choices, with loving actions, by looking out for others, with our worship and our prayer.



Lord Jesus, I thank You for the gift of Hope. I resolve to follow you today in my choices, in my actions and in my prayer. Help me resolve to follow you each day, and when I fall, to come back to Your forgiving and loving heart.

I make this prayer in Your most holy Name. Amen.

Day 4: Hope and the Kingdom of God

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and the Kingdom of God*. Hope tells us that God's Kingdom WILL come. And so, we walk in hope, choosing to treat each other with kindness and respect – for these are values of God's Kingdom. In this way, God's Kingdom of love grows in our hearts. Let us walk today in hope with loving choices and actions that announce the Kingdom of God: a Kingdom that is growing in our hearts and leads us to eternal life.

Lord Jesus, I thank You for the gift of Hope. Help me to walk with you in hope through good and loving choices, as a sign of Your Kingdom that begins in my heart and leads me to eternal life with You.

I make this prayer in Your most holy Name. Amen.

Day 5: Hope and Jesus

Today, we continue to reflect on the virtue of Hope. Our theme today is, *Hope and Jesus*. Our hope comes from Jesus. He is the one true Vine, and we are His branches. It is He who gives us eternal life. Just as Jesus rose from the dead, we who belong to Him will rise with Him to live forever. Jesus is the answer to all our hopes.

Lord Jesus, I thank You for the gift of Hope. Help me to trust that You love me and have a wonderful plan for my life. Take my hand, and give me the strength to walk with you today and every day in joyful hope.

I make this prayer in Your most holy Name. Amen.