

Reflecting on *Our Journey in Faith* **An Adult Faith Reflection Outline for Catholic Educators**

Virtue Link: Faith, Hope, Love, Justice, Temperance, Fortitude
Catholic Character Themes: Community, Compassion, Discipleship, Reverence, Solidarity, Stewardship

Here is a **suggested format** for our reflections:

1. **Personal reflection** on questions below (5-10 minutes)
2. **Small group sharing** at your own comfort level (10-15 minutes)
3. **Plenary feedback** and sharing with larger group based on Section C/
(remainder of session).

You are invited to use the questions below as a guide:

A/ Moments of Grace Along the Journey

Our pilgrim journey of faith calls each of us forward by unique paths that are not always clear. Often, it is in looking back that we begin to see different parts of our lives connecting as moments of grace along this sacred way.

1. One experience this year that has taught me what it means to live by faith is...
2. This has affected how I teach in the following way(s)....
3. One experience that helped me better see the importance of supporting the needs of the poor is...

B/ Helping Students See With Eyes of Faith

1. What kinds of life experiences are shaping my students' understanding of what it means to live by faith (positive & negative)?

-How do we help our students make sense of these experiences?
2. I recall a time when I sought to help a student(s) look beyond consumerism and see the needs of the poor as important as their own...
3. What kinds of messages about our Catholic schools do we help our students bring to the wider community?

C/ Living the Vision

Optional: Participants can be invited to record responses to this section and leave them with a staff representative at the end of the session. These can be collated for review by staff during the year.

As members of the baptized, we share a common story and a common journey in faith. In light of our discussions this afternoon, please try and name one thing we can do to...

1. ...share the riches of this, our ongoing *story* as a distinctive school system with our friends and neighbours in our local community:

2. ...support one another's faith formation:

3. ...support/continue supporting the needs of the poor, both locally and globally:

