

Cardinal Virtues

4 Practices to Guide us as Followers of Jesus **Simple Definitions and Prayers for Students in Catholic Schools**

Prudence

Listening, choosing and doing what is best.

*I **seek** the best advice, I **choose** the best solution, I **do** the right thing.*

Make me a person of prudence, my God:

To seek good advice,

To choose what is best,

And do the right thing in love.

I make this prayer in Jesus' name.

Amen.

Justice

Giving God and neighbour their due.

I give my worship to God; I show mercy and fairness to my neighbour.

Make me a person of justice, my God:

To worship You alone,

And show mercy and fairness

To my neighbour.

I make this prayer in Jesus' name.

Amen.

Temperance

Balance and self-control.

I practice balance in my behaviours, honesty with others, and make good choices.

Make me a person of temperance, my God:

To be balanced in what I say and do,

To be my true self,

And to make good choices.

I make this prayer in Jesus' name.

Amen.

Fortitude

Patiently doing what is right in difficult times.

I do the right thing with patience, even when it is not easy.

Make me a person of fortitude, my God:

To do the right thing always,

Especially in difficult times.

I make this prayer in Jesus' name.

Amen.

See [CCC 1803-1829, 1833-1844](#)