

# The Cardinal Virtues

## Prudence, Justice, Temperance, Fortitude

### Prudence

*Seeking, judging, acting –  
with confidence and love*

**I look for the most loving solution,  
and carry it out with joy.**

### Justice

*Seeking the good, meeting obligations  
to God and neighbour*

**I give God my worship, and show  
my neighbor mercy and fairness.**

### Temperance

*Enjoying life's pleasures  
in keeping with the Gospel*

**I practice balance and self-control,  
I make healthy friendships,  
I am honest about who I am**

### Fortitude

*Practicing the good and just in challeng-  
ing situations, patience with obstacles*

**I practice doing what is right  
with patience,  
even when it is difficult.**

**Name:** \_\_\_\_\_