

Bereavement Resource Books and Videos (Religious and Family Life Education Resource Library)

1. Arnold, Johann Christoph. **Be Not Afraid. Overcoming the Fear of Death.** Farmington, PA. The Plough Publishing House, 2002. Reflections on suffering, a death and grief; beautifully written, from a Christian faith perspective. A hope-filled and consoling read for persons dealing with illness, death and grief. (\$17.50)
2. Bartocci, Barbara. **Nobody's Child Anymore. Grieving, Caring and Comforting When Parents Die.** Notre Dame: Sorin Books, 2000. ISBN 1-893732-21-5. Contains poignant stories from the author's own experience of grieving the loss of her parents, followed by practical suggestions on coping with loss and finding new meaning beyond grief. (\$19.15)
3. Buscaglia, Leo. **The Fall of Freddie the Leaf. A Story of Life for all Ages.** New York: SLACK Books, 1982. ISBN 0-943432-89-8. A story about letting-go at the end of life and trusting in what lies beyond. (\$11.20)
4. Downham Miller, Dr. Sally. **Mourning and Dancing for Schools.** Health Communications, 2000. ISBN 1-55874-775-3. A valuable training guide for preparing staff, parents and students to meet the needs of a grieving school community. (\$18.00)
5. Etienne, R Philip, ed. **God At Work in Times of Loss.** St. Meinrad: Abbey Press, 2000. ISBN 0-87029-342-7. A small collection of short personal stories by various writers about how God has sustained them through their grief and loss. (\$7.95)
6. Etienne, R Philip, ed. **God At Work in Times of Trouble.** St. Meinrad: Abbey Press, 2000. ISBN 0-87029-343-5. A collection of short personal stories by various writers about how God's love and care have been shown to them through harrowing close calls, spiritual crises and difficult times. (\$7.95)
7. Gilbert, Richard. **Finding Your Way After Your Parent Dies.** Notre Dame: Ave Maria Press. Provides sensitive reflections on occasions that bring grief to the surface. Contains reflections, readings and practical suggestions for activities to move forward and find healing. (\$15.95)
8. Felber, Marta. **Finding Your Way After Your Spouse Dies.** Notre Dame: Ave Maria Press. Provides sensitive reflections on occasions that bring grief to the surface. Contains reflections, readings and practical suggestions for activities to move forward and find healing. (\$15.95)
9. Wezeman Vos, Phyllis; Wezeman, Kenneth. **Finding Your Way After Your Child Dies.** Notre Dame: Ave Maria Press, 2001. ISBN 0-87793-700-1. A book to guide readers through moments when grief surfaces. Contains reflections, readings and practical suggestions for activities to move forward and find healing. (\$19.25)

10. Smith, Harold Ivan. **Finding Your Way to say Goodbye**. Notre Dame: Ave Maria Press, 2002. ISBN 0-87793-975-6. From dealing with the medical staff to talking with family and friends who are in denial, this book is an ideal companion for perhaps the most important journey of all. (\$20.75)

11. Etienne, R Philip, ed. **God at Work Through The Voices of Children**. St. Meinrad: Abbey Press, 2000. ISBN 0-87029-341-9. Contains stories that remind us how children's innocence can help us re-capture a sense of openness and wonder at the gift of life. (\$7.95)

12. Levy, Naomi. **To Begin Again**. The Ballantine Publishing Group, 1998. ISBN 0-345-41383-0. A consoling book written from the heart by a woman rabbi. Contains numerous reflections on life's different circumstances with personal stories, each ending with a prayer. Can be opened at any point to provide rich anecdotes, lessons and prayers to ponder.

13. Ross, Eleanora Betsy. **After Suicide**. Perseus Publishing, 1997. ISBN 0-7382-0596-6. (A ray of hope for those left behind). A helpful book for suicide survivors looking to better understand suicide and find healing. Written by a suicide survivor, provides practical guidance for the suicide survivors. Contains well-researched information and various personal stories about dealing with suicide and suicide-related grief.

14. Rupp, Joyce. **Your Sorrow is My Sorrow. Hope and Strength in Times of Suffering**. New York: Crossroad Books, 1999. ISBN 0-8245-1566-8. Reflections on the seven sorrows of Our Lady, with stories and exercises to help the reader through painful life events. (\$23.00)

15. Zaleski, Irma. **Door To Eternity**. Novalis, 2001. ISBN 2-89507-106-3. This book is the fruit of profound prayer and soul-searching by a Catholic woman in her senior years coming to terms with the reality of death. It contains 36 reflections on issues and questions that arise when Christians ponder the meaning of death and the afterlife.

16. Callanan, Maggie, **Final Gifts**

17. Baxter, Grant and Stuart, Wendy. **Death and the Adolescent. A Resource Handbook for Bereavement Support Groups in Schools**. Toronto: University of Toronto Press, 1999. ISBN 0-8020-7812-5. A practical guide for working with bereaved adolescents in a high school group setting. (\$19.95)

18. Fitzgerald, Helen. **The Grieving Teen. A Guide For Teenagers and their Friends**. New York: Fireside Books, 2000. ISBN 0-684-86804-0. A practical guidebook for teens dealing with grief and death-related issues. Good material; best read or prescribed for reading by section that speaks to young person's needs at the time. (\$17.75)

19. Gootman, Marilyn E. **When a Friend Dies. A Book for Teens About Grieving and Healing.** Minneapolis: Free Spirit Publishing, 1994. ISBN 0-915793-66-0. A very useful book for teenagers dealing with grief. Easy-to-read sections with helpful reflections on different aspects of the grief process. Very reader-friendly. (\$11.95)
20. **The Power to Prevent Suicide – A Guide for Teens Helping Teens.** \$20.00
21. Goldman, Linda. **Life and Loss. A Guide To Help Grieving Children.** 2nd Edition. Philadelphia: Accelerated Development Inc., 2000. ISBN 0-56032-861-4. A very thorough guide to helping grieving children move through their experiences of loss and pain. Contains a helpful resource bibliography. (\$39.95)
22. Grollman, Earl. **Talking About Death. A Dialogue Between Parent and Child.** Boston: Beacon Press, 1970. ISBN 0-8070-2373-6. Provides orientation for parents and caregivers to talk with children about the reality of death in a direct and honest way. The information here is well-presented, but does not have a Christian perspective on an afterlife.
23. Libby, Larry. **Someday Heaven.** Zondervan Publishing Co., 1999. ISBN 0-310-70105-8. A biblically based explanation of heaven and its mysteries presented with beautiful painted illustrations. A wonderful resource for working with junior and intermediate aged children looking to know more about the afterlife. (\$29.95)
24. Paola, Tomie de. **Nana Upstairs and Nana Downstairs.** Tommy loves his family's Sunday visits to this grandmother and great-grandmother. When Nana Upstairs dies, it is the closeness of his loving family which comforts him and help him to accept her death. (\$5.95)
25. Violst, Judith. **The Tenth Good Things About Barney.** New York: Aladdin Books, 1988. ISBN 0-689-71203-0. A young boy's reflection on ten good things about his cat Barney who has just passed away. Beautiful story to read to children – death/missing a loved one theme. (\$5.50)
26. Wezeman, Phyllis; Wezeman, Kenneth and Fournier, Jude Dennis. **Guiding Children Through Life's Losses. Prayers, Rituals and Activities.** Mystic, CT: Twenty-Third Publications, 1998. ISBN 0-89622-938-6. A useful guide for helping children cope with different kinds of losses, using scripture, prayer and classroom activities. (\$15.95)
27. Munch, Robert. **Love You Forever.** A Firefly Book, 2001. ISBN 0-920668-36-4. This is the story of how a little boy goes through the stages of childhood and become a man. It is also about the enduring nature of parents' love and how it crosses generations. (\$4.95)
28. Wolfelt, Alan D. **Healing Your Grieving Heart for Kids** (100 Practical Ideas). Simple advice and activities for children after a death.

29. Moss, Mary Martha. **God is Here ... When Bad Things Happen**
30. Younger, Barbara and Lisa Flinn. **One Morning in Joseph's Garden**. An Easter Story. Nashville, Abingdon Press, 1998. ISBN 0-687-09550-6. \$7.50
31. Freeman, Laurence OSB. **A Short Span of Days**. Meditation and care for the dying patient, family and care-giver. Novalis and Medio Media, 1996. ISBN 0-85305-377-4.
32. Mundy, Michaelene. **Sad Isn't Bad**. A Good-Grief Guidebook for Kids Dealing with Loss. Abbey Press, 1998. ISBN 0-87029-321-4.
33. Wilson, Joan. **All Shall Be Well**. Joan Wilson has suffered three devastating losses. In this book she shares her story and her faith and offers companionship, comfort and encouragement to others on the lonely road of bereavement. Novalis, 2002. ISBN 2-89507-283-3.
34. O'Brien, Mauryeen O.P. **Praying Through Grief**. Healing Prayer Services for Those Who Mourn. Ave Maria Press, 1997. ISBN 0-87793-629-3.